



Marks Point Public School Newsletter

"Working Together"



Findon Street, Marks Point NSW 2280 Phone: 4945 4433 Fax: 4947 7842 Email: markspoint-p.school@det.nsw.edu.au

Term 1 Week 6

Wednesday 7 March 2018

Zone Swimming:

Congratulations to our zone swimmers! You did a fantastic job representing the school at the zone carnival.

Clean Up Australia Day:

Our school participated in Clean Up Australia Day last Friday. It is one of our school values to keep our school tidy and our students did a fantastic job tidying the school grounds and surrounding streets.

Badge Ceremony Assembly:

Our house leaders were presented with their leaders badges last Friday in a special assembly. Yasmin Catley, State Member for Swansea, also came to visit to present our student executive with their leaders' certificate. Congratulations to all students.

Balls of wool collection:

We are asking for donations for balls of wool to be brought into the school office. A lovely community member, Esther will use the wool to make quilts for Ronald McDonald House. This is a great way for our school to support the charity. Drop any donations into the school office.

Learning Support Team Meetings:

Thank you to those parents who attended the Learning Support Team meetings for their child over the past two weeks. These meetings are an important chance for parents and teachers to work together to share information and provide the best learning opportunities for our students. As it is a priority for us to work with parents to plan student success, the school spends a significant amount of money to release teachers from class to attend these meetings. We would appreciate it if you cannot make a Learning Support Team meeting for your child if you called the office so alternate arrangements can be made. For those parents who did not attend, your child's goals will be sent home with your child.

Return and Earn:

Our school is now listed as a charity on the reverse vending machine at Swansea's Return and Earn station. This means when you recycle your bottles and cans, you can choose to donate the funds to our school. If you can't get to the station, you can drop your bottles and cans into school and they can be recycled from here. Thanks for your ongoing support.

Social Media:

Social media can be a valuable tool in many people's lives and provides an opportunity to connect with other people and community groups. Our Facebook page is visited by many people and regularly has a reach of over 1000 people for our posts. Similarly, I would like to ask you to consider this when posting about the

school or students on your own Facebook page. One comment can be seen by thousands of people. If you have a comment to make about the school, please come and see us directly. We are very happy to work with you to address any issues and also very happy to hear the positive comments you would like to make.

PBL:

At Marks Point we use the 5 Ls. The five Ls for students are: I am Listening, I am Looking at the teacher, my hands are in my Lap, my Legs are crossed and my Lips are together. We use the 5 Ls in class and in assembly to ensure all students are focussed and ready to learn. All classrooms have a poster with the 5 Ls displayed in their classroom and students are learning about the importance of using the 5 Ls to be ready to learn in class.

Deb Hall
Principal

From the office.....

Statements of account have been posted. Prompt payment is appreciated and thank you to those who have already finalised their accounts. The deposit for Canberra for our year 5 and 6 students is due by Friday 16 March. All fees and excursions can be paid by instalments.

Kelly—Administration Manager

Weekly Program

Classes Begin: 9:00 am and finish 3:00 pm

Friday - Assembly (fortnightly)

School Banking (weekly)

Friday - Scripture, Breakfast Club 8:30-9am,
Sport 11:15 - 1:05pm

Canteen - Open every day

Uniform Shop - Mon 8.30 to 9.00am &
Thurs 8.30 to 9.00am

Upcoming Events

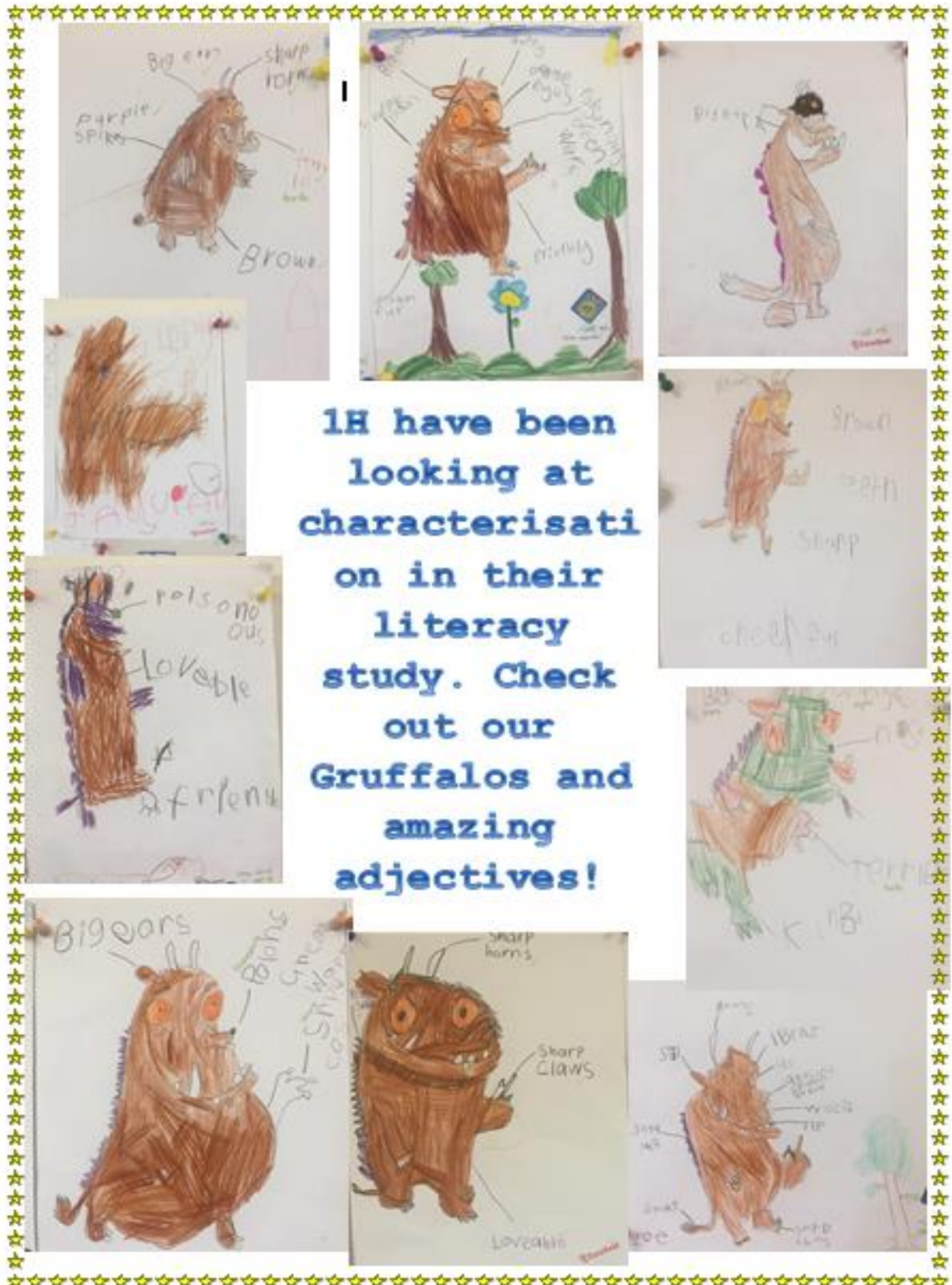
Colour Explosion 12 April

Canberra Excursion 25 - 28 June



Respect, Responsibility and Excellence

1H Class work





Marks Point PS and The Big Veggie Crunch!

We crunched it!

On **Thursday 1st March at 10 am**, our school participated in The Big Veggie Crunch as part of Vegetable Week

We joined 292 other schools across NSW and broke the record for the most children eating vegetables simultaneously.

47,920 students crunched together to smash last year's record of 29,067 students. A further 11,915 students crunched over Vegetable Week. That's a whole lot of vegetable eating!

Keep your family crunching by:

- Having a regular Big Veggie Crunch at dinner – you could play The Big Veggie Crunch song too <http://healthy-kids.com.au/the-big-vegie-crunch-song/>
- Serving up the vegetables at meals and snacks
- Pledging to try a new vegetable each week
- Being a role model and let your kids see you enjoying eating vegetables



Nutrition Snippet

The simplest way

...to help parents *Eat It To Beat It*.

Want to learn more about getting your family to eat well to reduce cancer risk, and empower other parents to do the same?

Join Cancer Council NSW's *Eat It To Beat* program as a volunteer Program Facilitator.

We will train and support you to deliver free Healthy Lunch Box sessions and Fruit & Veg Sense workshops that:

- Help families to reduce their cancer risk.
- Make a difference in your community.
- Increase your confidence and improve your presentation skills.

For more information email eatittobeatit@nswcc.org.au or phone (02) 4923 0710.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit




Good for Kids good for life

EDIBLE GARDENS

Vegetable and herb gardens are a fantastic way to get the kids interested in vegetables. And even better, they help you to save money on the groceries. Here are some tips to get you started:

- Choose a sunny spot in your garden close to a water source
- To save time purchase a raised garden bed from your local hardware store or to save money simply build your own with treated pine.
- Do a little bit of research as to what vegetables are in season to get the best results
- To save money on fertilisers you can make your own compost from vegetable scraps in the kitchen
- Get the kids involved and have fun!





PHONE 4924 6499

The Rover mobile library service visits Marks Point fortnightly on Monday afternoons 2:30 - 4pm on Marks Point Road. The Rover mobile library Service provides borrowing for all ages including picture books, junior fiction, large print, DVD's CD's and a lot more. Borrowers can order items from any Lake Macquarie Library to pick up at the Marks Point location.



A variety of fiction and non-fiction for all ages

DVDs

Books on CD

3D Printing

Something for everyone

Large print

Music CDs

The Rover visits retirement villages, shopping centres, remote areas not serviced by a branch library and is available to visit local community groups on request. You can access all the same facilities and services as in a branch library.

Phone: 4921 0263
library.lakemac.com.au

The Rover

January - June 2018

Check us out

Free WiFi

